

# Vitamin Therapy

#### **BOOSTING YOU FROM WITHIN**

### Vitamin B12 - The Energy Booster - £35

By helping ease your sleep cycle and enhance metabolism the B12 shot is best for you if you are feeling foggy & lethargic. Mental health & wellbeing helps reduce stress & enhance emotional balance.

## B Complex – The Fat Burning Shot (Vitamins B1, B2, B3, B5, B6, B7 & B12) - £50

All your essential B vitamins in one. Contributes to a healthy metabolism aiding fat loss and more muscle tone, due to it being an appetite suppressant.

#### Vitamin D3 - The Sunshine Vitamin & Happy Hormone - £50

Perfect for giving your immune system a boost along with balancing your hormones to help with menopause symptoms. Essential for healthy bones and muscles.

Relieves anxiety & treatment for SAD (seasonal affective disorder).

#### Biotin – For Hair, Skin & Nails - £50

Can help with weight loss by supporting metabolism. Improves the adrenal and thyroid function. Improves the health of your hair and promote growth, along with your nails. Antiageing. Has been known to lower cholesterol. Boosts energy and can reduce inflammation and rebuild tissue.

## Glutathione - Detox 'The Mother of all Antioxidants' - £70

Removes and neutralises toxins, reduces inflammation along with the associated pain, fights disease and boosts immunity. Helps the liver break down fats, detoxifies heavy metals (i.e mercury). Increases energy levels. Slows down the signs of aging – plus so much more.

#### Vitamin C – The Immunity Booster - £40

Reduces fatigue, boosts the immune system, speeds up healing and reduces scarring, helps to absorb iron. Lowers blood pressure. Helps resist allergies such as Hayfever, pet allergies due to a stronger immunity. Improves quality of skin for a firmer healthier looking skin by promoting the production of collagen.

Available both in clinic in Walton on Thames, Surrey or in the comfort of your own home.

## Blush Beauty & Aesthetics Ltd - 07903 297699

Therapies are for health & wellness purposes only.
Blush does not treat or offer advice on any medical conditions.



## **ULTRA TESLA TONE HI-EMT**

Builds muscle whilst burning fat at the same time. The most groundbreaking, FDA approved, scientifically proven treatment to date.

Equivalent to 20,000 squats, sit-ups, or curls in just one 30-minute session of extreme muscle stimulation resulting in a sculpted, lean & more toned physique.

Ultra Tesla Tone 20,000 Crunches Gives you 20,000 crunches targeting the whole abdomen area	£115
Ultra Tesla Tone 20,000 Squats Gives you 20,000 squats on your Buttocks targeting Glutes	£115
Ultra Tesla Tone 20,000 Leg Lunges Gives you 20,000 leg lunges to your Upper Thighs	£115
Ultra Tesla Tone 20,000 Inner Thigh Gives you 20,000 contractions to target the Inner Thighs	£115
Ultra Tesla Tone 20,000 Arms Curls Gives you 20,000 curls to target the Triceps, Biceps, Under Arm/Bingo Wings	£115
Ultra Tesla Tone 20,000 Hamstring Gives you 20,000 contractions to target the Back of Thighs	£115

# **3D VASCULASE**

Advance Thread Vein Removal - Instant visible results. Fast treatment times.

Can remove up to 90% of thread veins in just a single session.

No damage to the skin. Minimal discomfort. No downtime.

Up to 45 mins	£90
45 – 60 mins	£145
90-120 mins	£225